



# Resources for Families

*It's the Rhode Island way.*

## **BRIGHT STARS**

BrightStars is Rhode Island's Tiered Quality Improvement Rating System (TQRIS). These systems are found across the United States. Rhode Island's system provides a star rating to participating childcare centers, public school preschools, family childcare homes, and before-after school programs. Parents and caregivers can use this rating system to make the most informed choices for their children. Caregivers can find a quality childcare provider in their area by calling the BrightStars referral line at 1-855-398-7605 or by visiting [Brightstars.org](http://Brightstars.org).

## **CHILD CARE ASSISTANCE PROGRAM (CCAP)**

The CCAP program can subsidize the cost of childcare for families that are residents of Rhode Island. CCAP is available for children who are US citizens or legal residents and under age 13. The age can be extended to 18 if the child has special needs. For information on eligibility and how to apply, call 1-855-MY-RIDHS (1-855-697-4347).

## **DENTAL SAFETY NET**

The Dental Safety Net provides low- or no-cost dental care to those who are eligible for RItte Care, RItte Smiles, Medical Assistance or who do not have dental insurance. It is comprised of various dental settings including Federally Qualified Health Centers, hospital-based clinics, mobile clinics and others across the state. For a full list of providers, visit [health.ri.gov/lists/DentalSafetyNetProvidersList.pdf](http://health.ri.gov/lists/DentalSafetyNetProvidersList.pdf).

## **DEPARTMENT OF HUMAN SERVICES**

The State of Rhode Island Department of Human Services (DHS) provides the compassionate delivery of a critical safety net and other supportive services to ensure that all Rhode Islanders have the opportunity to thrive at home, work, and in the community. For families, DHS is the central resource for the Supplemental Nutrition Assistance Program (SNAP), the Child Care Assistance Program (CCAP), and Rhode Island Works (RIW) Cash Assistance. Visit [dhs.ri.gov](http://dhs.ri.gov) and click on "Programs & Services" for information on these programs and more.

## **EARLY INTERVENTION**

Early Intervention (EI) is a program designed to help families support the growth and development of children who have a developmental delay or a diagnosed medical condition known to cause developmental delay and who are under the age of 3 years old. Developmental delays or disabilities can affect a child's speech, physical ability, or social skills. Providers are trained to assess and help in each of these areas. For more information or for help choosing a provider, contact the RI Parent Information Network at 401-270-0101 or contact one of the EI sites on this document.



<p>CHILDREN'S FRIEND 621 Dexter Street Central Falls, RI 02863-2603 Phone: 721-9200</p>	<p>COMMUNITY CARE ALLIANCE 8 Court Street Mailing Address: PO Box 1700 Woonsocket, RI 02895 Referral Line: 235-6029 Phone: 235-7000</p>
<p>EASTERSEALS RI 320 Phillips St., #103 North Kingstown, RI 02852 Phone: 284-1000</p>	<p>FAMILY SERVICE OF RI 134 Thurbers Avenue Providence, RI 02905-4754 Phone: 331-1350 Referral line: 519-2307 Referral line for Spanish-speaking families: 519-2308</p>
<p>GRODEN CENTER EARLY INTERVENTION 610 Manton Ave. Providence, RI 02909 Phone: 525-2380</p>	<p>LOOKING UPWARDS, INC. 2974 East Main Road Portsmouth, RI 02871 Phone: 293-5790</p>
<p>MEETING STREET 1000 Eddy Street Providence, RI 02905 Phone: 533-9100 Referral line. 533-9104</p>	<p>SEVEN HILLS RI 178 Norwood Ave. Cranston, RI 02905 Phone: 921-1470</p> <p>68 Cumberland Street Woonsocket, RI 02895 Phone: 921-1470</p>
<p>J. ARTHUR TRUDEAU MEMORIAL CENTER 3445 Post Road Warwick, RI 02886 Phone: 823-1731</p>	<p>EARLY INTTERVENTION LEAD AGENCY Executive Office of Health and Human Services 3 West Road, Virks Building #325 Cranston, RI 02892 Part C Coordinator: Jennifer Kaufman Phone: 462-3425</p>

## EARLY LEARNING RI (HEAD START AND EARLY HEAD START)

Early Head Start serves low-income infants and toddlers up to age three and their families. The program is available in some Rhode Island communities. Head Start offers preschool to low-income children who are ages 3 and 4. The program is statewide and is free. There are not enough spaces to serve everyone who is eligible, so children and families are prioritized for enrollment based on risk factors. Contact the Early Head Start/Head Start program that serves your community to apply for enrollment or learn more at [earlylearningri.org](http://earlylearningri.org).



## **EXCEED**

Exceed is Rhode Island's Race to the Top-Early Learning Challenge state agency, cross-coordination effort. EXCEED is an early education resource website for Rhode Island families and includes information on how to identify high-quality early childhood programs, assistance with affording high-quality programs, the RI Early Learning and Development Standards, and how to support early learning at home. It also features an easy-to-use search function for early learning programs. Programs are searchable by city or town. Visit [exceed.ri.gov](http://exceed.ri.gov).

## **FAMILY VISITING (LOVE THAT BABY)**

Family Visiting is provided to pregnant women and families with children up to age four. Family Visitors will visit you anywhere you would like to meet and connect you with family support services and resources. Family Visitors provide prenatal support and services for infants and toddlers, personalized attention for you and your baby, and tips to support baby development and growth. For free support for moms-to-be, parents, and babies, call 401-222-5960 or text BABY to 444999.

## **FAMILYSTRONG RI**

FamilyStrong RI is a confidential gateway to a variety of community-based services that can help you successfully build a strong, loving family. Through a state-wide network of Community Partnerships, the program finds ways to help with family support and services, childcare, family counseling, housing assistance, and early development screenings for children. For help, call 401-467-6855 or text STRONG to 444999. For more information, visit [familystrongri.com](http://familystrongri.com).

## **RIDE (RHODE ISLAND DEPARTMENT OF EDUCATION)**

RIDE works with public and non-public schools, community-based organizations, and home-based child-care providers to continuously improve the quality of early-learning programs and to expand opportunities for early learning across our state. For more information or to get resources on early childhood education, including for special education and Pre-K, visit <https://tinyurl.com/u6l8pj9>.

## **TEETHFIRST!**

TeethFirst! promotes early dental visits for very young children in Rhode Island and provides useful information on dental coverage, how to find a dentist, and dental providers who care for children. TeethFirst! also has information on keeping your mouth healthy during pregnancy and keeping teeth healthy at home. Visit [teethfirstri.org](http://teethfirstri.org) for more information.

## **UNITED WAY 2-1-1**

United Way 2-1-1 is a free and confidential helpline. Call, text, or chat to find help for childcare, housing, health insurance, tax preparation, and more. Specialists are available 24-hours a day, 7 days a week, 365 days a year. Call or text 2-1-1 to get started or visit [www.uwri.org/get-help-2-1-1](http://www.uwri.org/get-help-2-1-1) to begin an online chat.



# SPECIAL SUPPLEMENTAL NUTRITION EDUCATION PROGRAM FOR WOMEN, INFANTS AND CHILDREN (WIC)

WIC provides nutrition education, referrals to services, and an individualized food prescription to meet the needs of pregnant, breastfeeding, postpartum women and children, birth to 5 years old. WIC helps women to have a healthy pregnancy and provides parents with information to keep their children healthy and reach their potential. Call your local location to apply.

<p><b>BRISTOL</b> East Bay Community Action Program 150 Franklin St Phone: 401-253-7577</p>	<p><b>CENTRAL FALLS</b> Children's Friend Family Support Center 621 Dexter St Phone: 401-752-7827</p>	<p><b>COVENTRY</b> Family Health Services of Coventry 191 MacArthur Blvd Phone: 401-589-2610</p>
<p><b>CRANSTON</b> Family Health Services of Cranston 311 Doric Ave Phone: 401-946-4650</p>	<p><b>EAST PROVIDENCE</b> East Bay Community Action Program 100 Bullocks Point Ave Phone: 401-437-1007</p>	<p><b>HOPKINTON</b> Wood River Health Services, Hope Valley 823 Main St Phone: 401-387-9638</p>
<p><b>JOHNSTON</b> Tri-County Community Health Center 1130 Hartford Ave Phone: 401-351-2750 x6</p>	<p><b>NEWPORT</b> East Bay Community Action Program 6 John H. Chafee Blvd. Phone: 401-619-5970</p>	<p><b>NORTH KINGSTOWN</b> West Bay Community Action 650 Ten Rod Road Phone: 401-294-1555</p>
<p><b>PAWTUCKET</b> Children's Friend Independence Square 500 Prospect St Phone: 401-721-6416</p>	<p><b>PROVIDENCE</b> Children's Friend Berkshire 99 Berkshire Street Phone: 401-752-7590</p> <p>Children's Friend Friendship Center 350 Point Street Phone: 401-752-7781</p> <p>Children's Friend Hartford 550 Hartford Ave Phone: 401-752-7920</p> <p>Meeting Street on Eddy 1000 Eddy Street Phone: (401) 533-9145</p> <p>Mt. Hope Neighborhood Association 199 Camp Street Phone: 401-521-8830</p> <p>Sankofa WIC Clinic - West Elmwood Housing Development Corp. 224 Dexter Street Phone: 401-453-3220 x100</p> <p>Scalabrini Dukceovich Center 300 Laurel Hill Ave Phone: 401-632-4770</p> <p>Meeting Street on Broad 500 Broad Street Phone: 401-632-4700</p> <p>Women &amp; Infants Hospital 2 Dudley St., MOC - Suite 550 Phone: 401-274-1122 x42768</p>	<p><b>TIVERTON</b> East Bay Community Action Program 1048 Stafford Rd Phone: 401-625-1364</p>
<p><b>WARWICK</b> West Bay Community Action 205 Buttonwoods Ave Phone: 401-732-4660</p>	<p><b>WEST WARWICK</b> West Bay Community Action 145 Washington St Phone: 401-826-3230</p>	<p><b>WESTERLY</b> Wood River Health Services 93 Tower St Phone: 401-387-9611</p>
<p><b>WOONSOCKET</b> Thundermist Health Center 450 Clinton Street, 1st Floor Phone: 401-767-4109</p>	<p><b>RI DEPARTMENT OF HEALTH</b> Information Line: 401-222-5960 / RI Relay 711</p>	



## Other Resources by Topic

### DIAPERS

#### HEAD START/EARLY HEAD START

All families who have children enrolled in Head Start or Early Head Start can receive free diapers from their program site. Ask your site manager.

#### PROJECT UNDERCOVER

Project Undercover aims to meet the emergency needs of 20,000 kids by supplying 1,000,000 diapers and 180,000 pairs of underwear and socks every year. Project Undercover partners with seven Rhode Island sites. If you need help with diapers, wipes, or children's socks and underwear, visit [projectundercover.org/help](http://projectundercover.org/help) and enter your zip code for the location nearest you.

### FURNITURE

#### RHODE ISLAND DONATION EXCHANGE PROGRAM

The Rhode Island Donation Exchange Program operates a Donation Center/Furniture Warehouse by soliciting donations of good quality furniture from community business partners and individuals statewide. These items are passed on to qualified individuals and families who have been referred to the program by a member agency, which include homeless and domestic violence centers, CAP agencies, drug/alcohol rehab programs and community centers. For more information, visit [donationexchange.org](http://donationexchange.org) or call 401-831-5511.

### LITERACY/READING

#### RHODE ISLAND READS

Rhode Island Reads is committed to doubling the number of third graders who read at grade level by 2025. United Way of Rhode Island and Rhode Island KIDS COUNT lead *Rhode Island Reads: The Campaign for 3rd Grade Reading*, in collaboration with a growing number of partners. Learn more about the campaign and the importance of reading by third grade at [RIreads.org](http://RIreads.org).

